

The *Chatsford* Chat

THE LIFESTYLE CHOICE

The Lifestyle Choice Autumn Edition 2011

Alison Shanks on track



Alison Shanks (28), Otago professional racing cyclist champion, after speaking to Chatsford residents, displays the gold medal she won for New Zealand at the 2010 Commonwealth Games in Delhi for the Cycling Track 3000m Women's Individual Pursuit.

Alison also led this country's Women's Pursuit team which last month won the UCI Track World Cup title, after finishing second in the final on the opening day of the last round in Manchester.

To take an online tour of our wide range of activities, amenities and housing options available, visit www.chatsford.co.nz



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Of Words
And Wisdom

... and much more!

Tasty new
recipes!





Chief's chatter

Welcome to our "Chat" autumn 2011 edition. It is with mixed emotions that I prepare my comments for this edition.

There are many positive things happening at Chatsford right now, but while we go about our daily activities, much of what we do is underscored with sadness and disbelief at the recent events in Christchurch.

Like the rest of New Zealand, all of us at Chatsford are in a state of shock at the loss of life and property just a short distance north. Our thoughts are with all those directly and indirectly affected by these tragic events and, as a community, we are doing all we can to offer support.

Salisbury Apartments Launch

As you will see in the centre-spread of this "Chat", we are launching our Salisbury Apartments on 26 & 27 March with "Chatsford Chat" readers offered a special opportunity for an exclusive preview of the display apartment on Friday 25 March between 1:00pm and 4:00pm.

In total, we are building 11 two-bedroom apartment-style homes. These provide spacious living – ranging in size from 84m² to 104 m². Interestingly, the larger of these new apartments have a greater floor area than some of our original town houses.

The superb finish and exceptional fit-out make these a very appealing option for those wanting to take advantage of our Chatsford lifestyle in a brand new home.

Community Centre Refurbishment

In the last "Chat" I mentioned the planned upgrade of our community centre. We have made good progress on these plans, and we are very pleased with the options to increase the use of our communal spaces and to further enhance residents' enjoyment of living at Chatsford.

Work on the refurbishment is due to start in April. Inevitably, there will be some disruption to those living in and visiting Chatsford, so I apologise in advance for any inconvenience this creates.

On-Site Food Service and Catering

In February, after more than a decade, we reinstated an on-site food service using Chatsford's fully-equipped commercial kitchen. Alliance Catering (part

of the Spotless Group) have secured the contract to deliver meals on a daily basis to our sister company – Birchleigh Residential Care Centre. (Prior to this, meals were prepared and delivered by a supplier based in Dunedin.) Alliance is also catering for Chatsford residents who choose to have meals prepared – either occasionally or on a regular basis.

Having food prepared on-site allows for improved quality and increases the flexibility of meal options. In the short time since Alliance started, the number of Chatsford residents choosing to use the meal service has grown significantly.

Cappuccino Anyone?

With Alliance Catering on-site, we are investigating the potential of a café within Chatsford – somewhere for residents and visiting family and friends to go for a bite of lunch or a snack with a good coffee – or maybe even a glass of wine...



We are still in the early stages at present, but with our refurbishment about to get under way the timing is perfect and we have made provision for a café location as part of our plans.

STOP PRESS:

As a community, our residents and staff wanted to do something tangible for those in need in the aftermath of the 22 February Christchurch earthquake. I called the Salvation Army to see what would be of use, and they advised me that some good home baking or other food items would be most welcome. Say no more! The word went out to our residents and staff, and by the 14th of March our table-tennis table was stacked high with a vast assortment of loaves, cakes, biscuits, canned foods and other items – and a very cute little knitted teddy bear. This was a great effort at short notice and the Salvation Army was delighted (and very surprised) at the amount we were able to contribute. At times like this, it's nice for our community to be able to give to another community whose need is so great. Until next time...

Malcolm Hendry - Chatsford CEO

Caring for Christchurch

Chatsford residents responded to the plight of Christchurch earthquake victims by organising food to be sent north.



Above: Lex Campbell, Huia Ockwell, Jeanne Martin and Catherine Smith sort through non-perishable goods gathered for Christchurch.

Left: Huia Ockwell, Jeanne Martin (front) and Catherine Smith pause before packing up the supplies.

Buckets of competition

Swift potatoes, distributed to 32 competitors in the Spud in the Bucket contest on October 6 last, were harvested on December 21.

Margaret Alexander was the winner with a yield of 1250 grams, followed by Barry Hellyer (1015 grams) and Sue Heaton (1010) grams. The average yield was about 600 grams.

Competitors, all residents, divulged no secrets, because they want to enter again when another contest is held this year.



Left: Chatsford gardeners Brian Ferrier and Margo Whitehead examine an entrant in the Spud in the Bucket competition, as residents Roger Watson and Betty Smith (right) look on.



Years of celebration

Four couples celebrated their Golden (2) and Diamond (2) Wedding Anniversaries at Chatsford recently.

Many happy memories were exchanged as other Chatsford residents joined the family members in passing on their congratulations to the justly proud eightosome.

Right: Leon and Phyllis Willocks celebrate 50 years.

Far Right: The couple's wedding day was at Knox Church on 19 November 1960.

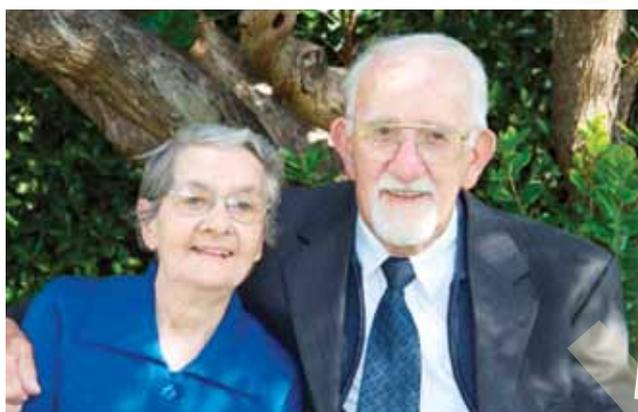


Far Left: Alan and Dot Brieseman celebrate 60 years.

Left: They were married at Salvation Army Citadel, New Plymouth on 3 February 1951.

Far Right: Ian and Thelma Porter celebrate 50 years.

Right: The couple were married at St James Church on 4 February 1961.



Far Left: Jack and Jean Schmelz celebrate 60 years.

Left: The couple were married at Mornington Presbyterian Church on 16 December 1950.

Building with colour

Derek Forster (82), a carpenter by trade, turned his talents to painting water colours when he and his wife, Maureen, came to live at Chatsford more than six years ago.

He is unsure about just how many water colours he has painted but a book with plastic folders contains 50 or 60.

Understandably enough, for a man whose occupation was long involved with wood, Derek favours painting buildings. His work includes thatched cottages copied from book covers, and the Dunedin railway station.

Flowers too exercise his talent and, when interviewed, he was painting “a big butterfly off a calendar”.

Derek confesses that he “gets a bit lazy” with his painting. “I have fits and starts. I’ll work on one on Saturday and Sunday, and then I won’t do anything until the following Thursday.” He usually completed a work in seven or eight hours.

Asked if his output is good enough to sell, he laughed: “No, I don’t think so.” Then he admits: “I’ve thrown a lot away.”

Born in Newcastle, England, Derek, who began work when 14, later lived in Blackpool. He and Maureen emigrated to Dunedin in 1964. “We had a really rough winter in 1963. The snow lasted for months and I had no work because of the snow.”

In the years Derek has been in Dunedin – “which has been good to me” – he has worked at “a lot of decent jobs”. He found time to build his own home at Waldronville, and “really enjoyed” constructing new boarding kennels for cats and dogs at Goodwood, where Maureen and he lived for eight years.

Derek, who has three married children- daughters in Rangiora and Australia and a son in Fairfield – wished he had studied art earlier in his life. But, for a late starter, his work is truly impressive.



“Chatsford Chat” Read

Friday 25th March 20

Our Salisbury Display Apartment is now ready for viewing. This is your opportunity to see for yourself the first of our superb spacious, energy efficient two-bedroom apartments in Chatsford’s very popular Salisbury Development.

Your Apartment - Tailored to YOUR Needs

As you can see from the photo below, our construction team has been working hard over the past several months getting our Salisbury Apartment building closed in and ready for each apartment to be fitted out to the specific requirements of each new resident. As with our Salisbury Town Houses, we do not finalise the details of the fit out, decor, and even specific room layout requirements until the incoming residents have had the opportunity to tell us exactly what they want.

As the first resident, you get to tailor the home to meet your specific taste and needs. We already have a selection of very tasteful colour schemes put together by one of Dunedin’s top interior designers, but if you want to stamp your individuality on your home, we’ll do everything we can to accommodate your wishes.



Agents' Exclusive Preview:

11, 1:00pm to 4:00pm

Public Open Days:
Saturday 26th March and Sunday 27th March
1:00pm to 4:00pm



Salisbury Apartments - *Lifestyle Without Compromise*

Salisbury Apartments comprises eleven two-bedroom apartments ranging in size from approximately 85m² to 103m².

Great care has been taken with Apartment design and positioning; all units are north-facing to obtain maximum benefit from the sun. In addition, all Apartments have super-economic heat pump powered underfloor heating. These heat pumps also heat the domestic hot water for the apartment complex. Low energy lighting adds to the energy efficiency of these homes.

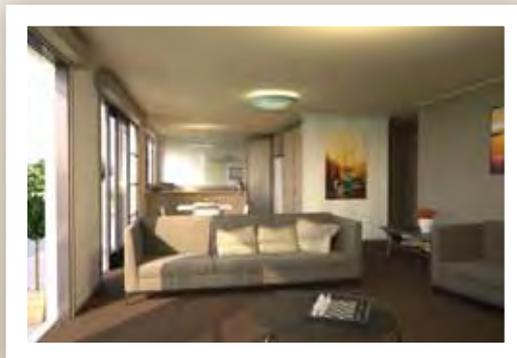
All apartments are equipped with an emergency call point monitored 24 hours per day by on-call staff. The entire complex is equipped with fire alarms and sprinkler systems linked directly to the New Zealand Fire Service – with additional monitoring by our on-call staff.

The Apartment building includes a central elevator, two garages plus additional covered off-street parking, and a secure main lobby entrance.

Four Apartment styles are available - All Apartments include two bedrooms and generous living areas with well-appointed kitchens and bathrooms. There are two designs that include a second bathroom.

When you move in, your Apartment will already be equipped with a fridge/ freezer, dishwasher, waste disposal and an in-built clothes-dryer. All units incorporate double-glazing for energy-efficiency, comfort and quietness.

If you are unable to make it to our exclusive preview or public open days, please phone 0800 222 455 to arrange a personal tour or to request an Information Pack.



An ode of english plural

*We'll begin with a box, and the plural is boxes,
But plural of ox becomes oxen, not oxes.
One fowl is a goose, but two are called geese,
Yet the plural of moose should never be meese.
You may find a lone mouse or a nest full of mice,
Yet the plural of house is houses, not hices.*

*If the plural of man is always called men,
Why shouldn't the plural of pan be called pen?
If I speak of my foot and show you my feet,
And I give you a boot, would a pair be called beet?
If one is a tooth and a whole set are teeth,
Why shouldn't the plural of booth be called beeth?*

*Then one may be that, and there would be those,
Yet hat in the plural would never be hose,
And the plural of cat is cats, not cose.
We speak of a brother and also of brethbren,
But though we say mother, we never say methbren.
Then the masculine pronouns are he, his and him,
But imagine the feminine: she, shis and shim!*

Let's face it – English is a crazy language. There is no egg in eggplant nor ham in hamburger: neither apple nor pine in pineapple. English muffins weren't invented in England. We take English for granted, but if we explore its paradoxes, we find that quicksand can work slowly, boxing rings are square and a guinea pig is neither from Guinea nor is it a pig.

And why is it that writers write, but fingers don't fing, grocers don't groce and hammers don't ham? Doesn't it seem crazy that you can make amends, but not one amend? If you have a bunch of odds and ends and get rid of all but one of them, what do you call it?

If teachers taught, why didn't preachers praught? If a vegetarian eats vegetables, what does a humanitarian eat? Sometimes I think all the folks who grew up speaking English should be committed to an asylum for the verbally insane.

Words of wisdom

Do not argue with an idiot. He will drag you down to his level and beat you with experience.

I asked God for a bike, but I know God doesn't work that way. So I stole a bike and asked for forgiveness.

Going to church doesn't make you a Christian, any more than standing in a garage makes you a car.

Light travels faster than sound. This is why some people appear bright until you hear them speak.

If I agreed with you, we'd both be wrong.

We never really grow up, we only learn how to act in public.

War does not determine who is right – only who is left.

Knowledge is knowing a tomato is a fruit, wisdom is not putting it in a fruit salad.

The early bird might get the worm, but the second mouse gets the cheese.

Evening news is where they begin with "Good evening," and then proceed to tell you why it isn't.

To steal ideas from one person is plagiarism. To steal from many is research.

How is it one careless match can start a forest fire, but it takes a whole box to start a campfire?

Dolphins are so smart that within a few weeks of captivity they can train people to stand on the very edge of the pool and throw them fish.

A bank is a place that will lend you money, if you can prove that you don't need it.

Women will never be equal to men until they can walk down the street with a bald head and a beer gut, and still think they are sexy.

Behind every successful man is his woman. Behind the fall of a successful man is usually another woman.

A clear conscience is usually the sign of a bad memory.

Always borrow money from a pessimist. He won't expect it back.

Hospitality: making your guests feel like they are home, even if you wish they were.

Money can't buy happiness, but it sure makes misery easier to live with.

Some cause happiness wherever they go. Others whenever they go.

You're never too old to learn something stupid.

Some people hear voices. Some see invisible people. Others have no imagination whatsoever.

Chatsford's residents' association

The association has an elected committee. An important function of this committee is its involvement with any changes to the Retirement Villages Act and regular communication with the statutory supervisor, who ensures the protection of residents' rights.

On the social side of things, our year got off to a good start with the committee hosting a BBQ luncheon on New Year's Day for 75 residents, who had a great lunch and enjoyed the company of their neighbours and friends.

The next big item on our social calendar is on Thursday, April 28. A royal gala dinner is being held to coincide with the royal wedding. Invitations will be in residents' mailboxes mid-March. This should be a fun day, and everyone has an excuse to dress up in all his or her finery and enjoy good food catered by Blackie, from the Mosgiel Station Café.

Later in the year we hope to have a couple of our ever-popular pot luck teas.

Lyn Hocking - President

Chaplain's chatter

One of Michelangelo's greatest masterpieces was his sculpture of David. He worked on it with such passion that he often slept in his clothes, resenting the time it took to change them.

He repeatedly examined and measured the marble to see what pose it could accommodate. He made hundreds of sketches of possible attitudes, and detailed his drawings from models. He tested his ideas in wax on a small scale, and only when he was satisfied did he pick up his chisel and mallet.

He approached the painting of the Sistine Chapel with the same intensity. Lying at uncomfortable angles on hard boards, breathing the suffocating air just under the vault, he suffered from inflamed eyes and skin irritation from the plaster dust. But look at what he produced!

Martin Luther King said: "If a man is called to be a street sweeper he should sweep streets as Michelangelo painted, or Beethoven composed music, or Shakespeare wrote poetry. He should sweep streets so well that all the hosts of heaven and earth will pause and say: 'Here lived a great sweeper who did his job well.'"

St Paul in the Bible said: "Whatever you put your hand to, do it as if you were serving the Lord."

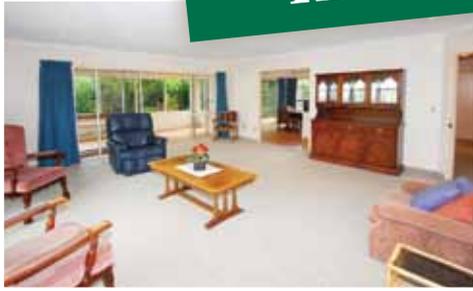
Lawrie Rankin - Chatsford Chaplain



Out and About

Dwarfed by motorised equipment at Macraes Gold Mine are Chatsford residents (from left) Ivan Dawson, Derek Forster and Grant Scurr. They attended an Open Day at the mine, New Zealand's largest gold-mining operation, about 100km by road north of Dunedin.

RESALE CORNER



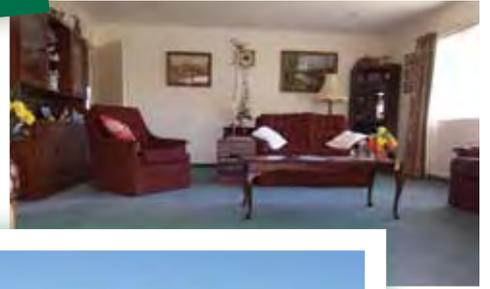
10 Parklands Ave

This quality home ticks all the boxes:

- *Situated in the popular Parklands Ave at Chatsford*
- *Well positioned for the sun*
- *Spacious living areas*
- *Modern kitchen*
- *2 bedrooms - master with en-suite and generous wardrobe space*
- *Single garage with internal access*
- *Good storage*
- *Neutral colours throughout*
- *Large sunny conservatory*

This home is "just across the road" from the tennis court, mini-golf and croquet green. Just move in and enjoy the warm friendship, security and resort style living that Chatsford has to offer.

Price \$350,000



22 Guildford Place

Basking in the sunshine, this north facing, large, two good sized bedrooms (main with en-suite) townhouse has it all - spacious dining/living area, good size lounge, plenty of storage, modern kitchen, attached garage with internal access. Tastefully decorated throughout.

Price \$350,000

Market News

It has been a busy start to the new year here at Chatsford and the Christmas holiday season is now just a distant memory.

We have our eleven new apartments coming on line, but there are now only three remaining town house sites available in the Salisbury development, so this is a good time to be considering a move to Chatsford.

There are many reasons behind the choice to come and live within the Chatsford community: for some it's the opportunity of enjoying an active lifestyle in retirement; for others it's the chance to downsize the family home and get away from constant maintenance of grounds; it may be the loss of a lifelong partner and the desire to live in an environment where one can feel comfortable and secure; and for many it is simply an opportunity to be closer to family. Chatsford offer all these benefits – and many, many more.

Whatever your reason, we would love to show you how Chatsford can help you achieve the lifestyle that YOU choose.

To arrange a tour of our very special community or if you have any queries, please do not hesitate to contact me.

Dawn Brieseman
Marketing Manager

Eats sensibly and well

Chatsford resident Mavis Donaldson, who prepares all her own meals, eats sensibly and well. But she is not reluctant to include baked fare on her menu.

“I have a main meal – mostly in the evening – usually of meat, with three or four vegetables,” Mavis says. “Sometimes I have a dessert, but mostly fresh fruit.”

In the middle of the day, she prefers something like soup, toast or some other buttered item, as well as fruit.

Mavis swiftly reels off tantalising fare when she says that she “still bakes quite often: plain stuff, fancy stuff, cakes, squares, biscuits, muffins, pikelets, scones – whenever I’m in the mood to do so.”

She is allergic to oysters, so shellfish is off the menu. But she likes to eat fish at least twice a week.

A widow for more than 27 years, Mavis’ impressive working career included time as a commercial teacher. As house manager at the Cherry Farm group of hospitals, she was the first female house manager in New Zealand.



 *Cut out and keep*

Mavis’ Marvellous Recipes

PUMPKIN AND KUMARA SOUP

500 g pumpkin
1 large onion
2 med-sized kumara
2 diced carrots
2 Tbsps oil
1 Tbsp butter
1 tsp ginger
1 tsp cinnamon

Put all together in a large saucepan and heat for 2-3 minutes, then add:

1 litre chicken stock
250 mls milk (1 cup)
1 tsp honey
½ tsp paprika
salt

Boil together and then simmer until soft. Put through a food processor or mash to a smooth texture.

SPICY LEMON SLICE

125 g butter, softened
½ cup sugar
1 egg
2 cups flour

Filling:

2 Tbsp sugar
¼ cup apricot jam
¼ cup coconut
½ cup currants

2 teasp baking powder
1 teasp mixed spice
1 teasp cinnamon

25 g butter
1 egg, beaten
rind and juice of 1 lemon

To make filling: Heat the sugar, jam, coconut, currants and butter, until the mixture boils. Cool, then beat in the egg, finely grated lemon rind and juice with a fork.

To make the slice: Cream the slightly warmed butter and sugar, add the egg and mix again, then add the dry ingredients. Divide mixture in two and press one-half into a 30cm square baking tin (preferably one with a loose bottom) which has been lightly buttered or sprayed. Roll out the other half to the same size on a piece of plastic. Spread the filling over the first layer in the tin, cover with the second layer, lift away the plastic and press gently into the corners. Bake at 180°C for 25-30 minutes until evenly cooked. When nearly cool, spread with icing:

1 Tbsp butter, softened in a bowl, add finely grated rind of ½ lemon and 1 cup sifted icing sugar. Add 3-4 tsp lemon juice a teaspoon at a time, mixing well between additions. Stop when icing is a smooth, spreadable consistency. When icing sets, cut into squares with a sharp knife.

grey matter puzzles page

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word find

- Carpenter
- Autumn
- Committee
- English
- Painting
- Alison Shanks
- Chaplain
- Pursuit
- Recipe
- BBQ
- Blackpool
- Village
- Cherry Farm
- Macraes
- Pikelets

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sudoku

Level: Hard

1	3	7	4	6	2	5	8	9
5	4	6	3	9	8	1	7	2
9	2	8	7	1	5	3	4	6
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3	5	9	1	2	7	4	6	8
4	8	2	6	3	9	7	5	1
2	1	4	9	5	6	8	3	7
8	9	5	2	7	3	6	1	4
6	7	3	8	4	1	2	9	5

L	R	E	C	P	E	P	O	P	A	T	C	R	E	O
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G	I	N	I	J	E	S	E	F	U	N	I	G	E	T
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H	A	P	N	I	T	N	I	G	V	A	P	W	L	E
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F	V	F	H	M	Y	R	E	K	C	O	R	M	U	S
Q	U	E	C	N	E	E	U	Q	C	N	E	E	U	Q

ANSWERS